

# Coach On Deck Winter/Spring January 2010

| MONDAY | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY                   | SATURDAY | SUNDAY  |
|--------|--|--|---|--------------------------|----------|---|
|        |  |  |   | 1                        | 2        | 3   |
| 4      | 5  | 6  | 7   | 8                        | 9        | <b>10 FIRST DAY</b><br><b>Sr. Team</b><br>5-6pm FULL & 6-7pm<br><b>Jr. Team</b><br>4-6p FULL & 6-7p<br><b>Clinics</b><br>4-6pm FULL |
| 11     | <b>Sr. Team 7-8pm</b><br><b>Jr. Team 7-8pm</b> | <b>Sr. Team 5-6pm</b><br><b>Jr. Team 5-6pm</b><br><b>Clinics 5-6pm</b> | <b>Sr. Team 7-8pm</b><br><b>Jr. Team</b><br>6-7pm & 7-8pm<br><b>Clinics 6-7pm</b> | <b>Sr. Team</b><br>4-5pm | 16       | 17<br><b>Sr. Team</b><br>5-6pm FULL & 6-7pm<br><b>Jr. Team</b><br>4-6p FULL & 6-7p<br><b>Clinics</b><br>4-6pm FULL                  |
| 18     | <b>Sr. Team 7-8pm</b><br><b>Jr. Team 7-8pm</b> | <b>Sr. Team 5-6pm</b><br><b>Jr. Team 5-6pm</b><br><b>Clinics 5-6pm</b> | <b>Sr. Team 7-8pm</b><br><b>Jr. Team</b><br>6-7pm & 7-8pm<br><b>Clinics 6-7pm</b> | <b>Sr. Team</b><br>4-5pm | 23       | 24<br><b>Sr. Team</b><br>5-6pm FULL & 6-7pm<br><b>Jr. Team</b><br>4-6p FULL & 6-7p<br><b>Clinics</b><br>4-6pm FULL                  |
| 25     | <b>Sr. Team 7-8pm</b><br><b>Jr. Team 7-8pm</b> | <b>Sr. Team 5-6pm</b><br><b>Jr. Team 5-6pm</b><br><b>Clinics 5-6pm</b> | <b>Sr. Team 7-8pm</b><br><b>Jr. Team</b><br>6-7pm & 7-8pm<br><b>Clinics 6-7pm</b> | <b>Sr. Team</b><br>4-5pm | 30       | 31<br><b>Sr. Team</b><br>5-6pm FULL & 6-7pm<br><b>Jr. Team</b><br>4-6p FULL & 6-7p<br><b>Clinics</b><br>4-6pm FULL                  |

# Coach On Deck Winter/Spring February 2010

| MONDAY | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY                      | SATURDAY | SUNDAY  |
|--------|--|--|--|-----------------------------|----------|---|
| 1      | 2<br><b>Sr. Team</b> 7-8pm<br><b>Jr. Team</b> 7-8pm  | 3<br><b>Sr. Team</b> 5-6pm<br><b>Jr. Team</b> 5-6pm<br><b>Clinics</b> 5-6pm  | 4<br><b>Sr. Team</b> 7-8pm<br><b>Jr. Team</b> 6-7pm & 7-8pm<br><b>Clinics</b> 6-7pm  | 5<br><b>Sr. Team</b> 4-5pm  | 6        | 7<br><b>Sr. Team</b> 5-6pm FULL & 6-7pm<br><b>Jr. Team</b> 4-6p FULL & 6-7p<br><b>Clinics</b> 4-6pm FULL  |
| 8      | 9<br><b>Sr. Team</b> 7-8pm<br><b>Jr. Team</b> 7-8pm  | 10<br><b>Sr. Team</b> 5-6pm<br><b>Jr. Team</b> 5-6pm<br><b>Clinics</b> 5-6pm | 11<br><b>Sr. Team</b> 7-8pm<br><b>Jr. Team</b> 6-7pm & 7-8pm<br><b>Clinics</b> 6-7pm | 12<br><b>Sr. Team</b> 4-5pm | 13       | 14<br><b>Sr. Team</b> 5-6pm FULL & 6-7pm<br><b>Jr. Team</b> 4-6p FULL & 6-7p<br><b>Clinics</b> 4-6pm FULL |
| 15     | 16<br><b>Sr. Team</b> 7-8pm<br><b>Jr. Team</b> 7-8pm | 17<br><b>Sr. Team</b> 5-6pm<br><b>Jr. Team</b> 5-6pm<br><b>Clinics</b> 5-6pm | 18<br><b>Sr. Team</b> 7-8pm<br><b>Jr. Team</b> 6-7pm & 7-8pm<br><b>Clinics</b> 6-7pm | 19<br><b>Sr. Team</b> 4-5pm | 20       | 21<br><b>Sr. Team</b> 5-6pm FULL & 6-7pm<br><b>Jr. Team</b> 4-6p FULL & 6-7p<br><b>Clinics</b> 4-6pm FULL |
| 22     | 23<br><b>Sr. Team</b> 7-8pm<br><b>Jr. Team</b> 7-8pm | 24<br><b>Sr. Team</b> 5-6pm<br><b>Jr. Team</b> 5-6pm<br><b>Clinics</b> 5-6pm | 25<br><b>Sr. Team</b> 7-8pm<br><b>Jr. Team</b> 6-7pm & 7-8pm<br><b>Clinics</b> 6-7pm | 26<br><b>Sr. Team</b> 4-5pm | 27       | 28<br><b>Sr. Team</b> 5-6pm FULL & 6-7pm<br><b>Jr. Team</b> 4-6p FULL & 6-7p<br><b>Clinics</b> 4-6pm FULL |
|        |  |  |  |                             |          |   |

# Coach On Deck Winter/Spring March 2010

| MONDAY                    | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY                      | SATURDAY | SUNDAY  |
|---------------------------|--|--|--|-----------------------------|----------|---|
| 1                         | 2<br><b>Sr. Team</b> 7-8pm<br><b>Jr. Team</b> 7-8pm  | 3<br><b>Sr. Team</b> 5-6pm<br><b>Jr. Team</b> 5-6pm<br><b>Clinics</b> 5-6pm  | 4<br><b>Sr. Team</b> 7-8pm<br><b>Jr. Team</b> 6-7pm & 7-8pm<br><b>Clinics</b> 6-7pm  | 5<br><b>Sr. Team</b> 4-5pm  | 6        | 7<br><b>Sr. Team</b> 5-6pm FULL & 6-7pm<br><b>Jr. Team</b> 4-6p FULL & 6-7p<br><b>Clinics</b> 4-6pm FULL  |
| 8                         | 9<br><b>Sr. Team</b> 7-8pm<br><b>Jr. Team</b> 7-8pm  | 10<br><b>Sr. Team</b> 5-6pm<br><b>Jr. Team</b> 5-6pm<br><b>Clinics</b> 5-6pm | 11<br><b>Sr. Team</b> 7-8pm<br><b>Jr. Team</b> 6-7pm & 7-8pm<br><b>Clinics</b> 6-7pm | 12<br><b>Sr. Team</b> 4-5pm | 13       | 14<br><b>Sr. Team</b> 5-6pm FULL & 6-7pm<br><b>Jr. Team</b> 4-6p FULL & 6-7p<br><b>Clinics</b> 4-6pm FULL |
| 15                        | 16<br><b>Sr. Team</b> 7-8pm<br><b>Jr. Team</b> 7-8pm | 17<br><b>Sr. Team</b> 5-6pm<br><b>Jr. Team</b> 5-6pm<br><b>Clinics</b> 5-6pm | 18<br><b>Sr. Team</b> 7-8pm<br><b>Jr. Team</b> 6-7pm & 7-8pm<br><b>Clinics</b> 6-7pm | 19<br><b>Sr. Team</b> 4-5pm | 20       | 21<br><b>Sr. Team</b> 5-6pm FULL & 6-7pm<br><b>Jr. Team</b> 4-6p FULL & 6-7p<br><b>Clinics</b> 4-6pm FULL |
| 22                        | 23<br><b>Sr. Team</b> 7-8pm<br><b>Jr. Team</b> 7-8pm | 24<br><b>Sr. Team</b> 5-6pm<br><b>Jr. Team</b> 5-6pm<br><b>Clinics</b> 5-6pm | 25<br><b>Sr. Team</b> 7-8pm<br><b>Jr. Team</b> 6-7pm & 7-8pm<br><b>Clinics</b> 6-7pm | 26<br><b>Sr. Team</b> 4-5pm | 27       | 28<br><b>Spring Break</b>   |
| 29<br><b>Spring Break</b> | 30<br><b>Spring Break</b>                            | 31<br><b>Spring Break</b>  |  |                             |          |   |

# Coach On Deck Winter/Spring April 2010

| MONDAY                | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY                      | SATURDAY                 | SUNDAY  |
|-----------------------|---|--|--|-----------------------------|--------------------------|---|
|                       |   |  | 1<br><b>Spring Break</b>   | 2<br><b>Spring Break</b>    | 3<br><b>Spring Break</b> | 4<br><b>Spring Break</b>  |
| 5<br><b>NO SCHOOL</b> | 6<br><b>NO SCHOOL</b><br><b>Sr. Team 7-8pm</b><br><b>Jr. Team 7-8pm</b> | 7<br><b>Sr. Team 5-6pm</b><br><b>Jr. Team 5-6pm</b><br><b>Clinics 5-6pm</b>  | 8<br><b>Sr. Team 7-8pm</b><br><b>Jr. Team 6-7pm &amp; 7-8pm</b><br><b>Clinics 6-7pm</b>  | 9<br><b>Sr. Team 4-5pm</b>  | 10                       | 11<br><b>Sr. Team 5-6pm FULL &amp; 6-7pm</b><br><b>Jr. Team 4-6p FULL &amp; 6-7p</b><br><b>Clinics 4-6pm FULL</b> |
| 12                    | 13<br><b>Sr. Team 7-8pm</b><br><b>Jr. Team 7-8pm</b>                    | 14<br><b>Sr. Team 5-6pm</b><br><b>Jr. Team 5-6pm</b><br><b>Clinics 5-6pm</b> | 15<br><b>Sr. Team 7-8pm</b><br><b>Jr. Team 6-7pm &amp; 7-8pm</b><br><b>Clinics 6-7pm</b> | 16<br><b>Sr. Team 4-5pm</b> | 17                       | 18<br><b>Sr. Team 5-6pm FULL &amp; 6-7pm</b><br><b>Jr. Team 4-6p FULL &amp; 6-7p</b><br><b>Clinics 4-6pm FULL</b> |
| 19                    | 20<br><b>Sr. Team 7-8pm</b><br><b>Jr. Team 7-8pm</b>                    | 21<br><b>Sr. Team 5-6pm</b><br><b>Jr. Team 5-6pm</b><br><b>Clinics 5-6pm</b> | 22<br><b>Sr. Team 7-8pm</b><br><b>Jr. Team 6-7pm &amp; 7-8pm</b><br><b>Clinics 6-7pm</b> | 23<br><b>Sr. Team 4-5pm</b> | 24                       | 25<br><b>Sr. Team 5-6pm FULL &amp; 6-7pm</b><br><b>Jr. Team 4-6p FULL &amp; 6-7p</b><br><b>Clinics 4-6pm FULL</b> |
| 26                    | 27<br><b>Sr. Team 7-8pm</b><br><b>Jr. Team 7-8pm</b>                    | 28<br><b>Sr. Team 5-6pm</b><br><b>Jr. Team 5-6pm</b><br><b>Clinics 5-6pm</b> | 29<br><b>Sr. Team 7-8pm</b><br><b>Jr. Team 6-7pm &amp; 7-8pm</b><br><b>Clinics 6-7pm</b> | 30<br><b>Sr. Team 4-5pm</b> |                          |   |

# Coach On Deck Winter/Spring May 2010

| MONDAY | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY                         | SATURDAY | SUNDAY  |
|--------|--|--|---|--------------------------------|----------|---|
|        |  |  |   |                                | 1        | Sr. Team<br>5-6pm FULL & 6-7pm<br><b>Jr. Team</b><br>4-6p FULL & 6-7p<br><b>Clinics</b><br>4-6pm FULL                       |
| 3      | 4<br><b>Sr. Team</b> 7-8pm<br><b>Jr. Team</b> 7-8pm  | 5<br><b>Sr. Team</b> 5-6pm<br><b>Jr. Team</b> 5-6pm<br><b>Clinics</b> 5-6pm  | 6<br><b>Sr. Team</b> 7-8pm<br><b>Jr. Team</b><br>6-7pm & 7-8pm<br><b>Clinics</b> 6-7pm  | 7<br><b>Sr. Team</b><br>4-5pm  | 8        | <b>9</b><br>Sr. Team<br>5-6pm FULL & 6-7pm<br><b>Jr. Team</b>   |
| 10     | 11<br><b>Sr. Team</b> 7-8pm<br><b>Jr. Team</b> 7-8pm | 12<br><b>Sr. Team</b> 5-6pm<br><b>Jr. Team</b> 5-6pm<br><b>Clinics</b> 5-6pm | 13<br><b>Sr. Team</b> 7-8pm<br><b>Jr. Team</b><br>6-7pm & 7-8pm<br><b>Clinics</b> 6-7pm | 14<br><b>Sr. Team</b><br>4-5pm | 15       | 16 <b>LAST DAY</b><br>Sr. Team<br>5-6pm FULL & 6-7pm<br><b>Jr. Team</b><br>4-6p FULL & 6-7p<br><b>Clinics</b><br>4-6pm FULL |
| 17     | 18   | 19   | 20  | 21                             | 22       | 23  |
| 24     | 25   | 26   | 27  | 28                             | 29       |   |
| 31     |  |  |   |                                |          |   |